## MID- DAY MEAL MENU September 2023

| Date | Day | Food | Dessert/Beverage |
| :---: | :---: | :---: | :---: |
| 01.09.2023 | Friday | Rajma Rice | Chaach |
| 02.09.2023 | Saturday | Burger + Fries | Seasonal Fruit |
| 03.09.2023 | Sunday | HOLIDAY |  |
| 04.09.2023 | Monday | Daal Parantha + Curd | Cream Biscuit |
| 05.09.2023 | Tuesday | Vegetable noodles + Manchurian | Energy Drink |
| 06.09.2023 | Wednesday | Paalak Poori + Shahi Paneer | Peda |
| 07.09.2023 | Thursday | HOLIDAY(JANMASHTAMI) |  |
| 08.09.2023 | Friday | HOLIDAY (G-20 SUMMIT) |  |
| 09.09.2023 | Saturday | HOLIDAY |  |
| 10.09.2023 | Sunday | HOLIDAY |  |
| 11.09.2023 | Monday | Vegetable Uttapam + chutney | Energy Drink- Tang |
| 12.09.2023 | Tuesday | Aloo Naan + Dal Makhani | Besan Ladoo |
| 13.09.2023 | Wednesday | Vegetable Red SaucePasta | Ice cream |
| 14.09.2023 | Thursday | Idli Sambar | Coconut ladoo |
| 15.09.2023 | Friday | Chole Bhature | Lemonade |
| 16.09.2023 | Saturday | Fried Rice + Manchurian | Banana |
| 17.09.2023 | Sunday | HOLIDAY |  |
| 18.09.2023 | Monday | Pao Bhaji | Fruit custard |
| 19.09.2023 | Tuesday | Palak Poori + Aloo | Sewaiya |
| 20.09.2023 | Wednesday | Boondi Kadi + Rice | Banana |
| 21.09.2023 | Thursday | Shahi Paneer + Lachcha Parantha | Chaach |
| 22.09.2023 | Friday | Vegetable Biryani + Boondi Raita | Muffin |
| 23.09.2023 | Saturday | HOLIDAY |  |
| 24.09.2023 | Sunday | HOLIDAY |  |
| 25.09.2023 | Monday | Vegetable Uttapam + chutney | Roohafza |
| 26.09.2023 | Tuesday | Rajma Rice | Chocolate |
| 27.09.2023 | Wednesday | Chole Poori | Petha |
| 28.09.2023 | Thursday | HOLIDAY (Milad-un-Nabi) |  |
| 29.09.2023 | Friday | Soya Paneer Wrap | Frooti |
| 30.09.2023 | Saturday | Aloo Paratha + Raita | Apple |

