

In Loving Memory



The Salwanians pay their humble tribute to Mrs. Raj Salwan, w/o Mr. Shiv Dutt Salwan, Chairman Emeritus, Salwan Education Trust. A mother figure for the Salwan fraternity, she left for her heavenly abode on 24th November 2015. The epitome of serenity, grace and compassion rendered selfless services to the community and lived a glorious life.

A passionate philanthropist, Mrs. Raj Salwan exemplified the motto 'Service Before Self'. She was instrumental in setting up an After-Care Centre at Willingdon Hospital, a Blind School for Girls and an Old Age Home at Rajendra Nagar. A true patriot, she donated her ornaments for the Army at the time of the Indo-China War. During the Indo-Pak War in 1971, she took special permission from the Ministry of Defence to organize a round-the-clock langar at the New Delhi Railway Station for all soldiers and officers passing through Delhi. When Bihar was ravaged by floods, she organized a door-to-door flood relief drive for the grief-stricken people.

Her care and concern for the underprivileged knew no bounds. She adopted many needy girls, nurtured them and helped them to settle down by providing relentless support. Indeed, she was an apostle of love and goodness.

Blessed are those whose life she touched with her simplicity, honesty, innocence, generosity and an ever-smiling countenance. Her divine virtues and humanitarian values will continue to inspire us and her fond memories will remain etched in our hearts forever. May the Almighty bestow eternal peace to her noble soul.

Your life was a blessing

Your memory a treasure

You are loved beyond words

And missed beyond measure.

To My Dear Students, With Love



The poem is dedicated to each and every student of this school. It was composed on Children's Day, 14th November 2015. You, my shining stars, are the ray of hope for the future, the light in darkness, the sunshine on a gloomy day, the reassurance in times of doubt. It is in your hands that we pass on the baton.

May you, the trailblazers of tomorrow, steer ahead fearlessly, fulfill your dreams and shine on with radiance aglow!

सितारों की चमक

मेरे सपने चाँदनी की तरह,
रात को मुझे अपने आगोश में लेकर,
सुबह की किरण बन दिल के तारों को झंकृत कर देते हैं।
दिन भर की कश्मकश में एक करुण व्यथा—सी
बार—बार मुझे अहसास दिलाती है।
चुपके से आकर, वे खमोशी से
मेरी धड़कनों को संदेश दे जाते हैं।
मेरे त्याग और बलिदान की मिट्टी में उगे
ये सपने रूपी पौधे रात को मुझे नींद से जगा देते हैं।
सुनसान रात में मेरे कदमों की आहट
जब सुनाई देती है, सूने और अकेलेपन की गूँज
दर्द से भर देती है, सीने में उठती है हूक,
संशय मन को जकड़ लेता है।
लग जाता है सपनों पर प्रश्न चिह्न!
काँप उठता है हृदय यह सोच कर
कि कहीं सपने केवल सपने ही न रह जाएँ।
तब कहीं मन के गहरे कोने से आवाज़ आती है कि
मेरे प्यारे सितारों! मेरे प्यारे सितारों!
इस अविश्वास भरे दौर में तुम्हीं हो मेरे विश्वास, तुमसे हैं उम्मीदें।
तुम्हीं तो हो पुष्प इस बगिया के, महकना है तुम्हें।
तुम्हीं तो हो सितारे इस गुलशन के, चमकना है तुम्हें।
सपनों की पताका को फहराना है तुम्हें, लहराना है तुम्हें।
इन सपनों के तुम्हीं तो हो कर्णधार, मेरे सपनों के कर्णधार!
मेरे कर्णधार।

Dr. (Mrs.) Indu Khetarpal
Principal

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Accomplishments

World's Largest Practical Science Lesson

The 'World's Largest Practical Science Lesson' was organized by Vijnana Bharati, an NGO, during the five-day India International Science Festival held at the Indian Institute of Technology (IIT), Delhi on 7th December 2015. Dressed in white lab-coats, 2000 students from 40 different schools of Delhi participated in the event which aimed at encouraging them to develop a scientific temperament and pursue a career in science. 50 students from Classes IX, X and XI of our school participated in the event. The budding scientists from Salwan successfully performed two chemistry experiments on the topic 'Catalysis'. The students were trained rigorously by their teachers before the final lesson.

The Practical Science Lesson has set a **Guinness World's Record** for the **highest number of students to conduct an experiment simultaneously at the same venue**. **Mrs. Smriti Zubin Irani**, Union HRD Minister and **Dr. Harsh Vardhan**, Union Science & Technology and Earth Sciences Minister graced the occasion and motivated the students.



CBSE Science Exhibition 2015 (Regional Level)

The CBSE Regional Level Science Exhibition was organized from 11th to 13th December 2015 at Mamta Modern Senior Secondary School. The event was inaugurated by Dr. Arvind C. Ranade, Scientist, Vigyan Prasara.

Two exhibits from our school – Image Embosser (Sub Theme-Industry) and Tech Bin (Sub Theme-Health, Nutrition and Cleanliness) – were displayed. Amogh Gulati (XI-A) and Hrithik Gupta (X-C) demonstrated the working of an Image Embosser, a device useful for the visually impaired. Dixit Kalra (XI-A) and Parth Mahajan (XI-A) demonstrated the separation of metallic, dry and wet waste using the sensors of a 'Tech Bin'.

Out of 119 exhibits displayed at the exhibition, 'Image Embosser' from our school has been **selected for the National Level CBSE Science Exhibition**.



CBSE Heritage Quiz

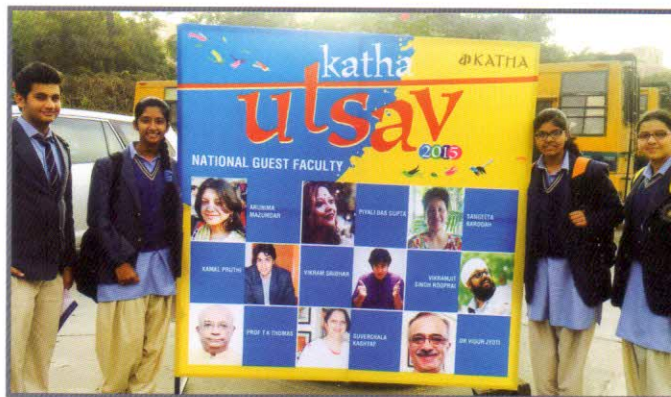
CBSE Heritage Quiz was hosted by our school on 2nd December 2015. Students of 43 schools from Delhi and NCR participated in the City and Regional Round organized during the event. Rishabh Ahuja (X-D), Shivam Sharma (XI-C) and Vibhas Wahi (XI-B) from our school cleared the written test of the preliminary round and were declared **City Round Winners**.

Dr. Sugandh Sharma, Additional Director, Research and Innovation, CBSE and **Dr. Manjit Singh**, Deputy Director, CBSE graced the occasion and encouraged the participants. A Heritage Exhibition showcasing the rich legacy of the school was put up by the students on this occasion.



Katha Utsav-2015

Five students from Classes VI to X participated in the **Katha Utsav 2015 Talent Hunt for Creative Writing** held at Tagore International School on 9th and 10th October 2015. The students got the opportunity to learn the nuances of creative writing in specific genres from well-known authors, columnists and journalists. Four students from our school were selected for the **National Katha Creative Writing Talent Hunt Competition** held at Sanskriti School, Chanakya Puri on 29th December 2015. Samarth Longani (X-A) and Arushi Mathur (IX-C) bagged the coveted **Laureate Certificates** for their respective entries in the finale.



World Education Summit 2015: Skilling Youth, Skilling India

The World Education Summit 2015 was organized by the digitalLEARNING Magazine, Elets Technomedia Pvt. Ltd. on 21st and 22nd August 2015 at Le Meridian, New Delhi. The event brought together leaders in education from all over the world for discussing the best practices in teaching and learning. The summit aimed at felicitating educational institutions for innovative projects based on skill development. Our school bagged the **World Education Summit Award** for The Project 'Walking with the Future- I am the Change', designed by the Salwanians in the category **Innovations in Teaching of Mathematics, Science and English**.

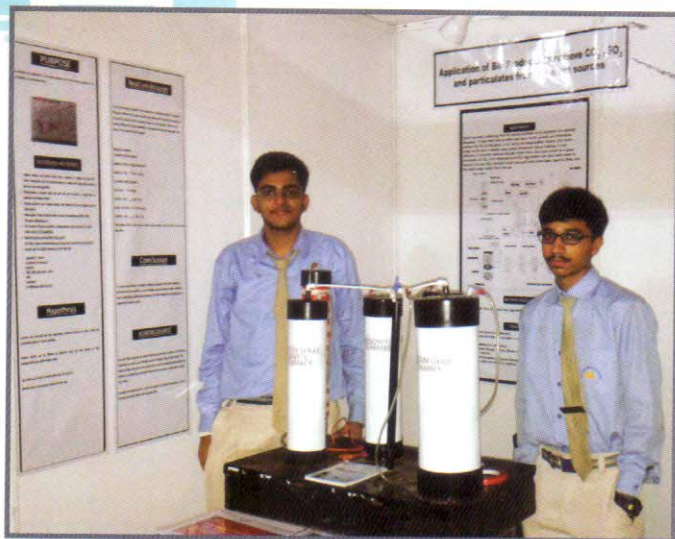


The Jaipur Literature Festival

The Jaipur Literature Festival is the world's largest annual literary festival that brings together prolific writers, renowned thinkers and journalists from across the globe for five days of debates, discussions and deliberations. **Ridhima Manocha**, a budding poetess and writer from our school, was **selected amongst the eminent speakers** at the 9th Edition of the **Zee Jaipur Literature Festival** held at Jaipur from 21st to 25th January 2016. Ridhima won acclaim for her book 'The Sun and Shadow: The Pearls of Poetry'. She enjoyed the rare privilege of sharing the stage with literary luminaries and got the opportunity to conduct interactive sessions. She also participated in workshops, book discussions and storytelling sessions.



The Initiative for Research and Innovation in Science (IRIS)



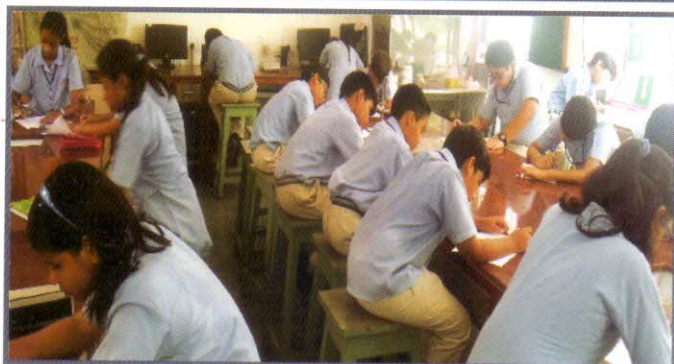
The Initiative for Research and Innovation in Science (IRIS) is a research-based National Science Fair organized by INTEL Education in collaboration with the Department of Science and Technology, Government of India (DST) and the Confederation of Indian Industry (CII) to nurture a spirit of innovation among school students in India.

Dixit Kalra (XI-A) and Amogh Gulati (XI-A) of our school got the opportunity to showcase their project '**Ambient Air Quality**' at IRIS 2015 held at IIT, Delhi from 4th to 7th December 2015. The project is a prototype model to reduce carbon dioxide and particulates from various sources by using household wastes.

CBSE Aavishkar Quiz



CBSE Aavishkar Quiz Series is an endeavour of the Rashtriya Aavishkar Abhiyan aimed at promoting creativity and innovative spirit among school students through observation, experimentation and inference drawing in the fields of Science, Mathematics and Technology. The quiz organized by CBSE on various themes is conducted in two rounds - a screening round within the school and an online quiz round on the CBSE website. Ten students from all over India are then selected for a cash prize.



Over 200 students from our school participate in the quiz every month. Navneel Singhal (X-A) was selected in the month of October for the quiz based on Light and Cinema. Arnav V. Raju (V-A) and Navneel Singhal (X-A) are selected **amongst the top ten achievers** in their respective categories for the month of December. They will receive a cash prize of Rs. 2500/- for winning the quiz based on Space.

Inter-School Doha Gaayan Competition

Mehak Mulwani (X-E) won the first prize and Prerna Dewan (X-D) bagged the third prize in Inter-School Doha Gaayan Competition organized at the Amity Campus, Saket on 10th September 2015. Students of 21 schools from all over Delhi participated in the event.

Inter-School Sanskrit Speech Competition

Shubham Chopra (IX-A) bagged the third prize in Inter-School Sanskrit Speech Competition organized by the Sanskrit Academy on 23rd November 2015. Students from 18 schools of Delhi participated in the event.

International Informatics Olympiad

International Informatics Olympiad Gold Medallists

Name of the student	Class
Amaya Karwal	III-D
Navya Garg	IV-B
Kushagra Chhabra	V-D
Prakshi Malik	VI-A
Harsh Kumar Verma	VII-D
Rachit Verma	VIII-A
Sudhish	IX-A
Satvik Chhabra	XI-C

415 students from Classes III to XII appeared for the International Informatics Olympiad conducted on 1st December 2015. Salwanians bagged **eight gold medals, seven silver medals and seven bronze medals** for their exemplary performance. **19 students** have cleared Level-1 of the series and are amongst the **top 500 International rank-holders**. They are eligible for Level-2 of the Olympiad which will be conducted on 8th February 2015.

Annual Kids for Tigers Festival



15 students from our school participated in various competitions organized during the Annual Kids for Tigers Festival held at The Shri Ram School, Gurgaon on 27th November 2015. Prachi Mata (V-A) won the 1st prize in Dress Up Competition. Shivangi Ghadokle (X-E), Abhik Mondal (X-E), Aadya Bhardwaj (X-E) and Naman Madan (XI-A) bagged the 2nd prize in Garbage Installation Competition. Vishakha Dayani (XI-B) and Jatin Sudan (X-E) won the 3rd prize in Face Painting Competition. The Chief Guest, Mr. Bittoo Sehgal, founder, Sanctuary Tiger Programme appreciated the efforts of the students and encouraged them to spread awareness on Tiger Conservation.

Shriteq Quiz Junior 2015



Aditya Bahl (V-C), Kaavya Singh (V-D) and Kushagra Chhabra (V-D) participated in The Shriteq Quiz Junior held at The Shri Ram School, Gurgaon on 12th October 2015. The Salwanians were the **top scorers in the semifinals** and qualified for the final round. Mr. Rajiv Makhani, the 'Gadget Guru' was the quiz master for the final round. Young computer wizards from our school received the third runners-up award. The quiz enabled the participants to acquire knowledge about latest technologies and innovations in the field of computer aided learning.

Inter Salwan Social Studies Competition

Srishti Sumanta (V-A) was adjudged the Best Interjector of the Debate organized as a part of the Inter Salwan Social Studies Competition held at Salwan Public School, Mayur Vihar on 7th November 2015.

Prominent Events

Founder's Day Celebrations

The school paid tribute to the Founder Father, **Late Pandit Girdhari Lal Salwan** on 5th December 2015. The **114th Birth Anniversary** of the great visionary also marked the beginning of the **Platinum Jubilee Year** of the Salwan Education Trust. Students from all classes paid homage to the invincible soul by lighting candles and offering floral tributes near his bust.

A special assembly was organized on this momentous occasion. The programme commenced with the chanting of shlokas. The students of Classes VIII, IX and X conducted a Talk Show based on the Road Map Ahead which focused on the holistic development of students. The senior teachers of the school shared fond memories of their long association with the institution. The Principal, Dr. (Mrs.) Indu Khetarpal inspired the students to strive for excellence and encouraged them to carry the rich legacy forward.



The Salwan Cup 2015 'School Golf Championship'

With the aim of grooming champions of tomorrow, the Salwan Education Trust in association with Delhi Golf Society, hosted The Salwan Cup 2015 'School Golf Championship' on 5th and 6th November 2015 at the ITC Classic Golf Resort and Country Club, Manesar, Haryana.

The Golf Championship endeavoured to promote the Sport of Golf at School Level by providing the amateur golfers a platform to nurture their talent. It aimed at generating a regime of championship Golfers by developing competitive skills for Golf. The event provided the budding golfers a stepping stone to the National and International Tournaments.

Hon'ble Shri Justice G.S. Sistani, Judge, Delhi High Court graced the occasion as the **Chief Guest**. **Maj. Gen. Moni Chandi, IG (Training), NSG, Manesar,** graced the occasion as the **Guest of Honour**.

The talented golfers created history at the golf course, as they displayed exemplary skills with unparalleled focus and consistency. The Winner Boy Trophy was bagged by Daksh Shokeen from The Indian School, New Delhi and Jyotsana Singh from The Millenium School, Lucknow won the Winner Girl Trophy.



Capacity Building

ModMUN 2015



Six students of our school – Shrutija Saxena (XII-F), Shireen Manocha (XII-F), Shreya Kapoor (XII-F), Aditya Mathur (XI-B), Shivam Dixit (X-B) and Mehak Mulwani (X-D) participated in the Fifth ModMUN 2015 held at Modern School, Barakhamba Road from 1st to 5th October 2015.

Model United Nations Conference is an educational simulation aimed at enabling the participants to develop a deep-rooted understanding of the working of the United Nations. The initiative focused on international relations, diplomacy and international cooperation. The event based on experiential learning served as an effective platform for young minds to discuss global and national concerns and solutions.



The students participated in the Model UN General Assembly, the Model UNFCCC- COP 21 Committee, the Model Economic and Social Council, the Model International Atomic Energy Agency and the Model United Nations Human Rights Council, wherein they discussed about global environmental concerns, the Ballistic Missiles, the Kyoto Protocol, the impact of the Eurozone Crisis, peaceful use of atomic energy and human rights violation taking place across the globe.

Jalshala Workshop

Jalshala Workshop was organized by the Salwan Education Trust in collaboration with the National Council for Science and Technology from 7th October 2015 to 10th October 2015. Five students of our school participated in the workshop. The workshop aimed at generating awareness on innovations in water management, water conservation, cleaning of water bodies, sanitation and hygiene.

The workshop focused on the following topics :-

- Water Management Strategies
- Water Storage - Rain Water Harvesting
- Protection of Rivers and The Yamuna Clean-up Project
- Ways of Reducing Water Pollution
- Importance of Sanitation

An excursion to Agrasen Ki Baoli was organized for the participants, where they observed and acquired knowledge about the traditional ways of water conservation.



Educational Technology Summit 'I am the Change'

Five students of Class XI participated in the Educational Technology Summit 'I am the Change' organized at the Vasant Valley School, Vasant Kunj on 10th and 11th October 2015. Students of different schools from all over the country participated in the Summit. They showcased their case-studies and presentations highlighting issues affecting the youth of today and offering solutions in order to encourage the **Youth to act as Agents of Change**. The presentation and case-study showcased by the students of our school was based on **Peer Mentoring Program**. The event fostered youth empowerment and instilled the importance of team work in the participants as they worked collaboratively with students of other schools.



Intel Tech Challenge 'MAKEATHON' Workshop

Intel Tech Challenge 'MAKEATHON' Workshop was organized for the students of Classes VIII to XII on 5th and 6th November 2015 by **Learning Links Foundation**. The aim of the workshop was to involve the students in hands-on activities based on Intel Galileo User Interface. The students were able to implement their innovative ideas on the Galileo Board. They also learnt how to control parameters in a circuit with the help of a microcontroller programming. The students of Tod Fod Jod Club have started designing circuits using the Galileo Board.



Career Counselling Sessions For Classes X & XII

Interactive Sessions on '**Stream Selection for Class X**' and '**College Admissions in India after Class XII**' were organized on 21st and 28th November 2015 for the students of Classes X and XII along with their parents. The sessions were conducted in collaboration with **Admissionz Campus**. Mr. Pradeep Narayan, founder, Admissionz Campus discussed about a wide range of career options available for students. Specific queries of the students were resolved and their anxieties were put to rest during the counselling sessions. **Individual Face-to-Face Counselling Sessions** were also conducted for students and parents seeking personalized guidance and advice.

Creative Writing Workshops by Eminent Authors From Singapore

A series of workshops by authors and storytellers from Singapore were organized on 16th January 2015. The authors representing Singapore at the World Book Fair conducted interactive sessions based on Creative Writing for the students, parents and teachers. The session based on Creating Storybooks with illustrations and dialogues was conducted by **Ms. Coonor Kriplani** for the students of Classes III and IV. **Ms. Kamaladevi Aravindhan** conducted intriguing activities for the students of Classes V, VI and VII to enhance their creative and imaginative skills. **Ms. Damyanti Biswas** shared essential tips for creative expression with the students of Classes VIII, IX and X. Teachers and parents also attended a session based on stories for publication and creative story building conducted by **Ms. Susanna Goho Quek**. Ways of developing language skills of the students through effective storytelling were suggested by the resource-person. During the feedback session the parents, students and teachers shared the learning outcomes of the enriching sessions.



Medi Yoga Workshop

Giving priority to the wellness of the teaching staff, sessions on Medi-Yoga are being conducted regularly for teachers by **Acharya Anoop, Yoga & Naturopathy Expert**. The sessions focus on the essentials of good health-balanced diet, exercise regimen and proper rest. Remedies for lifestyle diseases and preventive measures to be followed to maintain a healthy life are also discussed during the sessions.

Craft Workshop by HT-PACE, Newspaper in Education

Envelope Making and Candle Decoration Workshop was organized on 5th November 2015 for the students of Class IV by The Hindustan Times under the Newspaper in Education Programme. The resource person, Mrs. Sumita Naveen, craft-consultant, HT-PACE, demonstrated some creative ways of making envelopes and decorative handicrafts for festivities. Students created beautiful envelopes using A4 sheets, doily papers and other decorative materials. They also transformed candles into attractive showpieces using mirrors, ribbons, flowers, etc. The workshop aimed at enhancing students' creativity and self-confidence.



Connecting Stakeholders

Interface Programme

The Interface Programme for Classes I to XI was organized from 7th to 11th December 2015. The parents who were involved in the teaching-learning process, used presentations, pictures, worksheets and hand-outs to make the concepts interesting. They conducted intriguing activities such as quiz, display of images and demonstration of real objects. They appreciated the enthusiasm and awareness of the students. The students appreciated the efforts made by the parents who took out time from their busy schedules. It was an enriching experience for the students, parents and teachers.



Parent Teacher Association

The meeting of the Parent Teacher Association was convened on 16th December 2015. Parents shared their concerns and suggestions for the progress of the school. For more details refer to the website www.salwanpublicschool.com

Student Satisfaction Survey

Student Satisfaction Survey is conducted every year to determine the satisfaction level of the students with regard to different aspects of school life including infrastructure, administration, teaching methodology, student-teacher interaction, co-curricular activities, among others. The survey serves as a diagnostic tool essential for the progress of the school. The details of the Student Satisfaction Survey conducted this year are as follows:-

- Number of questions in the survey sheet = 25
- Scale of Assessment – 5-point scale
- Total number of forms received = 1247

- **Analysis and Evaluation:** The percentage for each statement in the questionnaire was calculated to obtain an average satisfaction index.

• Inferences Drawn–

- ☞ The students are highly satisfied with the maintenance of the Computer lab, Mathematics lab, Science labs and the library. They strongly agreed that the school undertakes environmental conservation projects regularly.
- ☞ On the basis of the feedback received from the students, more excursions are being planned. The canteen services are being improvised and more cuisines are being added to the food menu.



Skill Enhancement

Inter Salwan Mathematics Competition

With a view to foster and promote interest and excellence in Mathematics, our school organized Inter Salwan Mathematics Competition on 17th October 2015. Students from eight schools run under the aegis of Salwan Education Trust participated in the event which aimed at identifying talented students so as to encourage budding Mathematicians to pursue their careers in fields related to Mathematics. A series of competitions and events were organized for different classes to reinforce the importance of Mathematics in day to day life. Students also acquired knowledge about the contributions of great mathematicians of the world.



The Proud Winners

Group	Event	Position	Name of the student	Class
Group I (III-V)	Relay Test	1 st	Palak Gupta	III-A
			Pranav Bhasin	IV-D
			Arnav V. Raju	V-A
Group II (VI- VIII)	Quiz Whiz	2 nd	Aditya Vohra	VI-D
			Neha Jain	VII-E
			Aryan Mattoo	VIII-A
Group III Junior (IX-X)	Maths Olympiad	1 st	Rachit Bagga	IX-A
			Navneel Singhal	X-A
Group III Senior (XI-XII)	Maths Olympiad	2 nd	Vibhas Wahi	XI-B
			Arpan	XII-A

**The winners were awarded silver medals and certificates.

GANIT Week

To commemorate the 128th birth anniversary of the great Mathematician, Srinivasa Ramanujan, GANIT Week (**GANIT -Growing Aptitude in Numerical Innovation and Training**) was organized from 18th to 22nd December 2015. Mathematical concepts were reinforced through activities such as Mathematics Relay Race, Written and Oral Quiz, Puzzles, Riddles and Mathematical Games. An assembly was conducted to highlight the importance of Mathematics in our daily life. Maths Dance was performed and a video based on the practical applications of Mathematical concepts was showcased. An exhibition displaying the work done by the students throughout the week was put up on 22nd December 2015.



Inter-House Debate Competition

Inter-House English Debate Competition was organized on 21st November 2015 for Classes IV & V on the topic 'School Education is Incomplete without Tuitions'.

The Winners

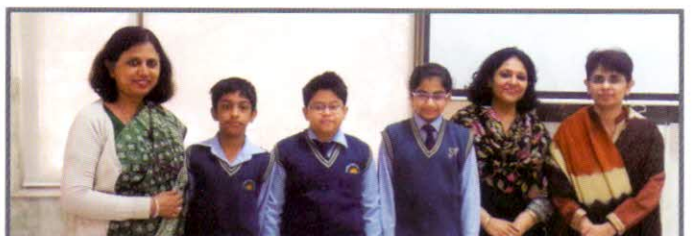
- 1st prize-Sumedha Longani (V-C) - Gandhi House
- 2nd prize-Aditya Tulli (V-B) - Nehru House
- 3rd prize-Arnav V. Raju (V-A) - Nehru House

Argument FOR the motion

Coaching institutes provide additional study material and a competitive environment for the students to excel in academics.

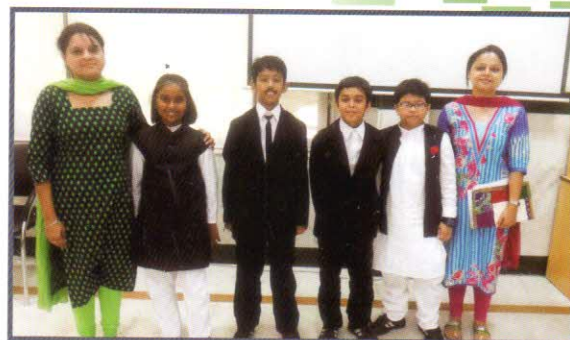
Argument AGAINST the motion

Coaching institutes are profit-motivated and cannot provide ample opportunities to hone the skills and the talents of the students. School education is complete in itself as stress is laid on holistic development.



Inter-House Speeches of Great Leaders Competition

Inter-House Speeches of Great Leaders Competition was organized for the students of Classes IV and V on 2nd September 2015. Inspiring speeches of some of the great leaders of the world such as Martin Luther King, Swami Vivekanand, Bal Gangadhar Tilak and Narendra Modi were delivered by the participants. The participants recreated the aura of the renowned leaders by dressing up like them and emulating their oratory skills, style and expression. The students were able to learn about the ideologies and thoughts of famous leaders whose words of wisdom have influenced millions of people worldwide.



Name of the Winner	Name of the House	Position	Name of the Leader
Srishti Sumanta (V-A)	Gandhi House	I	Narendra Modi
Kushagra Chhabra (V-D)	Buddha House	II	Martin Luther King
Aryan Gupta (IV-C)	Tagore House	III	Dr. B.R. Ambedkar

Inter-House Hindi Poem Recitation Competition

Inter-House Hindi Poem Recitation Competition was organized for students of Classes IV and V on 21st September 2015. Each team comprised of two budding poets. Famous poems written by eminent poets were recited by the teams. The poems amalgamated different genres - humour, didactic, courage and sarcasm. All the teams displayed their skills with unmatched confidence and enthralled the audience.



Name of the Winner	Name of the House	Position	Name of the Poem	Theme
Kushagra Chhabra (V-D)	Buddha House	I	झाँसी की रानी	Bravery
Khushboo Rajpal (V-C)	Vivekananda House	II	तुफानों की ओर घुमा दो नाविक निज पतवार	Courage
Anshika (V-B)	Buddha House		कृष्ण की चेतावनी	Righteousness
Sneha Malik (V-C) Geetanjali (V-C)	Gandhi House Nanak House	III	तन समर्पित, मन समर्पित बसंती हवा	Hard work Freedom

Christmas Carnival

Students of Classes V to IX experienced fun, frolic and adventure at the Christmas Carnival organized on 24th December 2015 at Le Meridian, New Delhi. The students enjoyed fun-filled activities such as braiding, dancing, tattoo making, card making, canvas painting and games such as ring-the-bottle and fun on the trampoline along with rides on the merry-go-round. Rendezvous with Santa Claus was the most exciting highlight of the event.



Beyond Classrooms

Geography Practical - Field Survey

An educational excursion to the Ridge Area was organized for the students of Class XII-F on 31st October 2015 to make geographical concepts interesting and exciting. The students participated in the field survey and observed land allocation for diverse activities around the Green Belt near Shankar Road. They were made aware of the land use pattern in the area.



Guided Tour of the Parle Factory

Students of Class V visited the Parle Factory at Bahadurgarh on 7th November 2015. The field trip was organized by The Times of India under the Newspaper in Education Programme to create awareness on various processes involved in manufacturing biscuits, snacks and confectioneries. The students acquired knowledge about mass production by observing the processing of raw materials, flavouring, baking, sorting and packaging of the finished products.



Visit to Aeroplanet

The students of Classes I, II and III visited Aeroplanet at the Center for Civil Aviation and Training, Dwarka on 12th December 2015. The students boarded real jet airplanes and observed the cockpits and the passenger cabins with air hostesses and flight stewards serving them. The visit enabled them to learn about safe air travel, use of safety belts, life jackets and oxygen masks, emergency exit and the safety measures to be followed in case of a crisis.



Field Trip to The National Museum

The students of Class IV visited the National Museum on 19th October 2015 where they acquired knowledge about artefacts related to Harappan culture, paintings from the medieval period, relics of Buddha and the culture of north-eastern states of India. A movie based on Indus Valley Civilization was screened for the students. During the post-visit feedback session the students were able to complete worksheet booklets based on the visit to the National Museum.



Visit to The Energy and Resource Institute, Gaul Pahari

An educational excursion to The Energy and Resource Institute (TERI) at Gaul Pahari was organized for the students of Classes IV and V on 16th December 2015 in order to generate awareness on environmental conservation. A guided tour around the TERI RETREAT (Resource Efficient TERI Retreat for Environmental Awareness and Training), a model of sustainable habitat, was conducted by a team of researchers at TERI. The students enjoyed a movie-show based on resource depletion and ecological balance. They also acquired knowledge about the impacts of climate change and the benefits of organic farming.



Visit to Navdanya Organic Farm

The students of Class VII visited the Seed Bank and Organic Farm established by Navdanya, an NGO at Mehpa Village near Meerut on 18th and 19th December 2015. The students acquired knowledge about biodiversity conservation, methods of organic farming and techniques of seed- saving. They observed the manufacturing, processing and packaging of jaggery. They also learnt about the working of cooperatives that promote women empowerment.



Student Exchange Programs

Educational Exchange Program With The Choice School, Kochi

As part of a Student Exchange Program, a group of 8 students and teachers from The Choice School, Kochi visited our school on 24th November 2015. The Principal, Dr. (Mrs.) Indu Khetarpal apprised the guests of the rich legacy of the school and encouraged the students to develop a productive collaboration. Students of the partner schools participated enthusiastically in the interactive workshops based on Map Skills and Biodiversity. An educational trip to the National Museum was also organized for the visitors.



Ten students from our school visited The Choice School, Kochi from 9th to 14th January 2016. The students were involved in a variety of activities such as yoga, baking, clay modelling, western music and dance. Attending buddy classes was a new experience for them. The Salwanians presented an Indian classical dance and music performance in the assembly. The homestay gave them a chance to experience the culture of Kerala. The educational exchange program served as a great opportunity for progressive exchange of ideas, sharing of knowledge and collaborative learning.

Visit to Salwan Public School, Gurgaon

The Student Council of the school visited Salwan Public School, Gurgaon under the Student Exchange Program on 22nd December 2015. The students interacted with the Student Council of the host school and discussed topics such as flipped classrooms and discipline. ABCD team members of the Student Council attended classes in the host school, where exchange of ideas and knowledge took place. It was a fruitful learning experience for the students.



Sports Splendour

Achievements In Sports

CBSE Cluster XII Delhi Athletic Meet

CBSE Cluster XII Delhi Athletic Meet was organized on 22nd and 23rd November 2015 at the Polo Ground, Delhi University. B. Niveditha (VIII- C) secured the first position and Suchika Kaul (IX-B) secured the second position in Shotput. Nav Prakash (VIII-B) secured the second position in 100 M Flat Race.

Zonal Athletic Meet

Zonal Athletic Meet for Primary Schools was organized at D.I. Khan School, New Rajendra Nagar on 17th October 2015. Students of 25 schools from Zone-28 participated in the event. 23 students (13 boys and 10 girls) from Classes I to V participated in flat and obstacle races as per their age categories and won 17 medals (**Eight Gold, Five Silver & Four Bronze Medals**). Young Salwanians from Primary Wing bagged **the maximum number of medals**.



Winners All The Way

Name of the student	Class	Event	Achievement
Jai Singh Chauhan	I-A	Ball Roll	Silver Medal
Jai Singh Chauhan	I-A	Flat Race (50 M)	Gold Medal
Shreya Prakash	I-A	Ball Roll	Gold Medal
Kashvi Kumar	I-E	Flat Race (50 M)	Gold Medal
Kashvi Kumar	I-E	Ball Roll	Silver Medal
Archit Walecha	II-D	One Leg Race	Silver Medal
Shreya Gogne	II-D	Flat Race	Gold Medal
Manthan	III-A	Long Jump	Silver Medal
Krrish Kumar	III-B	Sack Race (50 M)	Bronze Medal
Achint Kaur	III-D	Flat Race (50 M)	Gold Medal
Achint Kaur	III-D	Sack Rack	Silver Medal
Yashika Saggarr	IV-D	Skipping Race	Gold Medal
Yashika Saggarr	IV-D	Long Jump	Gold Medal
Krrish Arora	IV-B	Flat Race (50 M)	Gold Medal
Ayush Chauhan	V-A	Long Jump	Bronze Medal
Ayush Chauhan	V-A	Flat Race (80 M)	Bronze Medal

Salwan Junior Athletic Meet

5th Salwan Junior Athletic Meet was organized on 16th October 2015 by Salwan Junior School, Naraina. Students of 35 schools from all over Delhi participated in the event. 20 students from Classes I to V of the Primary Wing participated in flat race and obstacle race.

The Proud Achievers

Name of the student	Class	Event	Position
Shriya Gogne	II D	Obstacle Race	III
Achint Kaur	III D	Flat Race	III
Viraj Khorwal	III A	Obstacle Race	III

Our Illustrious Alumni

*The Salwanians are achieving remarkable feats in all walks of life.
They owe their success to the firm foundation laid down by their Alma Mater.*

In Conversation with Dr. Achal Bhagat, MBBS MD (Psychiatry) MRCPsych, Senior Consultant Psychiatrist and Psychotherapist, Apollo Hospital, New Delhi (Batch 1980)



You have been doing exemplary work as a mental health activist. Please tell us about your initiatives.

I am the Founder Chairperson of Saarthak, an NGO working on issues of Mental Health. Presently I am heading a multidisciplinary team of psychiatrists, psychologists, social workers, cognitive behaviour therapists and family therapists who provide psychiatric services and train people as well as organizations to deal with mental health problems. We are actively involved in rights movements for gender rights, rights of persons with disabilities and rights of persons with mental illnesses.

Please share some fond memories of your school days.

I owe my communication skills to the debates that I won and lost in school. I remember Ms. Indu Kohli as the most encouraging person, Mr. Dinesh Bahadur Singh for instilling a spirit of enquiry, Mr. Binjoo for interpreting poetry, Mr. Dilip Bedi for making physics interesting and Ms. Rakhee Sharma for making English language learning an enjoyable experience.

What advice would you like to give to school students who are planning to pursue a career in medicine?

Become a doctor if you are passionate about it. Be humble, respect people as people and do not treat them as cases. Being a doctor is the most interesting thing that I have done in my life. Work hard to achieve your goals.

An Interaction with Eminent Educationist, Mrs. Reena Cheema (Batch 1983)



You served as the principal of many reputed schools including S.S. Mota Singh School, New Delhi and Guru Harkrishan Public School, New Delhi. Who or what inspired you to pursue a career in teaching?

We were truly blessed to have wonderful teachers who moulded our lives. My teachers inspired me to pursue a career in teaching. Ms. Luthra, Ms. Kohli, Mr. Nanda, Ms. Astavans... For the Salwanians the list is endless!

Please share the most fulfilling experience of your career spanning 25 years.

While serving as the principal of United Public School, Kanpur, I identified a child with learning disabilities and provided specialized coaching to enable him to cope up with the challenges of mainstream education. The child grew up to become a successful doctor. This is the most rewarding experience of my career.

Presently you are working as an educational consultant. Please tell us about the initiatives that you have undertaken.

I have been actively involved in various initiatives for promoting quality education in rural areas through multi-dimensional educational programmes. I have been coordinating the planning, implementation and assessment of school improvement processes in order to bring the rural schools at par with urban schools.

Rendezvous with Young Singing Sensation, Harjot Kaur (Batch 2015)



A proud recipient of many accolades including the prizes bagged at the Baal Kala Utsav (2013 and 2014), the Hum Kishore Festival (2013), the Delhi Pratibha Puruskar and the Hannah Montana – The Big Popstar Dream Contest, among others, you are a source of inspiration for many. Please tell us about your journey so far.

I am grateful to my school for providing numerous opportunities to hone and showcase my talent. Training in Hindustani Classical music under the guidance of Guru Pt. Baldev Raj Verma and learning the nuances of Sufi Music at school from the renowned Sufi singer Ustad Maa Zila Khan have been the most gratifying experiences of my life.

You have carved a niche for yourself in the world of vocal music. What was the most significant turning point in your career?

Winning the 1st runner-up award in the Super Singer Contest organized by Radio City – FM 91.1 in 2014 was undoubtedly the most important turning point in my career. It boosted my confidence and provided the much-needed exposure for participation in the Music Reality Show, The Voice India.

What message would you like to give to budding singers?

Grab every opportunity that comes your way and chase your dreams with undeterred will-power.

Manifestations of Creativity

Literary Work of the Salwanians Published in Children's World Magazine

Salwanians In News

November 2015 Issue

Detour to Where I Belong...

R. Vajrasanthi (12)
Salwan Public School
Old Rajinder Nagar
New Delhi
Illustrations: Anshu Mishra

Pat on the Back!



Our programming was successful. 'Thank God' the rocket is still okay and has not blasted while crossing the Earth's atmosphere, I thought. Now we will get to know if life really exists in Mars or not.

I went back home and alogt like a log. I was so tired. Next morning, which was Sunday, I went shopping with my friend, Lucy. We both went to a five star hotel where we met our colleagues and as promised, Bertha gave all of us a splendid treat. It was truly an amazing day. I was back by the evening when I watched a movie and enjoyed a lot.

Next day I got a letter from India. I was eager to know what was in it as I was born and brought up in India only. I opened the letter with great anticipation. It was from my parents wanting to know about my welfare. I was very happy to receive a letter from them. There was a medium-sized package with that letter. I opened it carefully to find a bag full of my childhood photos with my parents. I enjoyed looking at the photos and when I finished seeing them, from my side to all' stated Bertha.

We walked out of NASA. The road was silent as everybody would have been in bed. It was nearly three in the morning. It was a great relief that our hard work had not failed. The rocket was safely travelling towards the orbit of Mars.

THE COUNTDOWN begins at last. Ten, nine, two...and one... whoosh! the rocket has crossed the troposphere, the stratosphere, the mesosphere and just ten meters more...yes! Finally the exosphere! Everyone cheered. 'Wow! We succeeded! A treat

The Greatness of Bharat

C. Poojitha (12)
Sri Salya Sai Higher Secondary School
Andhra Pradesh
Layout: Saurabh Dandekar

Pat on the Back!

Bharat is a land of great success
And people living in there industrious.
Buffeted by harsh winds of criticism
They have been raised from rags to riches.
With ups and downs in life
They accept everything
With a smile on their face.
Indians with the concept of zero
Have made everyone a hero.
The exercises for health by the sages
Have reduced the loss of wages.
The myriad benefits of yoga
For the promotion of yoga.
Indians put their heart and soul
Sweet and toil in every work they do.
As they are great personalities
With humility,
They take up Herculean tasks
With splendid ideas,
They make the world think
And are not possessed by anything
Which makes them sick.
Unity is strength is what they believe
Because of this,
Love is all that they receive,
Mother and motherland
Are greater than heaven
Sticking to this, they aren't afraid of raven
They are dedicated, and determined
Filled with honesty,
Courage and patriotism.
Wishing for the welfare of others
Is what they pray
Praying for them is what I wish.

My Dreams of a Country...

Neha Jain (11)
Salwan Public School
Old Rajinder Nagar
New Delhi

Pat on the Back!

My dream of a country is like a stream,
Smooth, peaceful and clean.
It cannot be expressed in a word,
It is just the feeling of one's heart
Which makes it worth.

My dream of a country is like trees,
Green and full of flowers, with small bees.
Here all are happy, open to all rights,
Blooming theirs and others lives.

My dream of a country is like that of
The man called Mahatma Gandhi,
Not corrupted but truthful and kind.
People who are honest and all,
Talking along people big and small.

Ours could be an ideal country
From my vision,
Having all attributes
And changing like season to season,
So let us be united
To make our country lighted.

No. of pages: 1-52



Salwan Public School, Rajendra Nagar

Srishti Sumanta, Prachi Matta and Smedha longani (V) of the school put their innovative minds into action to create a dome-shaped terracotta heater. The heater uses candle power to heat a room upto 5 degrees without consuming electricity. They created an eco-friendly gadget out of easily available, inexpensive materials such as terracotta pots, wire mesh and tea light candles. The effort was appreciated by the school management.

December 2015 Issue

The Other World

Aarti Srivastava (10)
Salwan Public School
New Delhi
Illustrations: Udaya Sankar

Well Done!

That's why I didn't realize when I lost my way. I switched off the song playing on the i-pod. This was weird because I had already searched almost all of the forest. 'Never mind, I thought, 'I would find my way back.' Earlier, when I didn't know the way around I tracked my footprints all the way to my house. That day I turned around and began walking alongside the footprints I had made.

Suddenly I saw something glimmer at the corner of my vision. I turned towards that and there, through the vines and creepers, I could see a large tree with a... door! Or at least it looked like one because I was pretty sure my imagination was running wild. I pushed aside the curtain of wilderness that hid the tree and stepped

I WAS Sunday morning. I stumbled towards the bathroom to brush my teeth. In the mirror I saw the image of a 15-year-old girl with dark eyes and black hair, wearing a crumpled night suit. That's me I am Mriana Trenz. My family and friends call me Mo.

We lived in a villa near the outskirts of the city. That was the reason why our backyard faced the forest. The forest was the most beautiful and peaceful place. Whenever I needed to calm myself, I would rush to the forest.

That day after getting dressed and having some juice I stuffed my ears with headphones and began searching for my favourite song on my i-pod. As I began walking into the forest I took huge gulps of fresh air. I loved to discover the beauty of nature.

I always got mesmerized by this place and probably



The Oblivion

Ridhima Manocha (15)
Salwan Public School
New Delhi
Illustrations: Saurabh Dandekar

Well Done!

I WAS tired...so tired that I could no longer feel my legs. The heavy, exhausting day at school tired one from within. Every cell in my body was exploding with the need to have a nap.

It wasn't that I was only physically worn out, my head too was ready to implode by the constant stress of 'school-life'. You may think laugh thinking 'Stress in school life? Seriously?' But I must say-ironical but true-being a student is not kid's play. You have to bear Vrinda's gossips and display a fake interest in her talks. You have to listen to the rambling by teachers. You need to put up with the people talking behind your back and what not! And that day was the day when all the things happened at the same time. Yes, at the same time.

On days like these I wished mother was there. I wished to sit in her lap like olden days and listen to her lullabies. I wished so much-albeit, all of it was so futile. Fruitless. She's no longer here. People usually consoled me by saying, 'She's in a better place, keeping a watch on you.' While some others provided me with funny explanations saying, 'She's on a vacation!' Who do they think I am? A three-year-old kid? I was fifteen and fully acquainted with the fact that she has died and faded into oblivion, never to return again.

I opened the fridge and stared at the contents within. Someone has rightly said: 'Food has the ultimate power to make your mood better.'

I picked up a chocolate doughnut that I had fortunately slipped in without anyone noticing. I savoured each and every bite. However, the chocolate tasted salty because of tears rolling down my cheeks.

I paused; something was amiss. I could sense it. But what? The fudge? The taste? The walls? I wondered.

Something caught my eye then—the clock. The clock's minute and hour hand had been transformed into stick legs and hands. I rubbed my eyes. My pupils dilated and I pitched myself thinking it to be a dream. I couldn't believe it could be real.

"Hi!" the clock said. It had a shreky voice just like the sound of its alarm.

"Hi!" I replied, more instinctively than out of curiosity.

"No matter what, I go on. With time, I move along."

"What?" I said, utterly surprised.

By the time I could ask more, the clock was no longer there. It once again hung peacefully against the white wall.

"Hi!" I was trying to recover my breath when all of a sudden the objects in the room took



The young golfers of Salwan Public School, Rajendra Nagar won laurels at the Salwan Cup 2015: School Golf Championship held at a golf resort in Manesar. The event was hosted by Salwan Education Trust in association with Delhi Golf Society. The inaugural ceremony was presided over by Justice G S Sistani, Judge, Delhi High Court as the chief guest. Sushil Dutt Salwan, Chairman, Salwan Education Trust felicitated the dignitaries. 61 boys and 16 girls took part at the Golf Course at the inaugural edition. Renowned schools from all over the nation participated in the event. The talented golfers displayed exemplary skills, dedication and strong determination. Maj Gen Moni Chandi, IG (Training), NSG, Manesar was the guest of honour at the award ceremony. He presented the Winner Boy and Winner Girl trophies to Daksh Shokeen of The Indian School, New Delhi and Jyotsana Singh of The Millennium School, Lucknow respectively. School principal Dr Indu Khetarpal awarded the Boys Category A trophy to Rohan Rajwara of Modern School, Barakhamba Road, New Delhi.



Salwan Public School, Rajendra Nagar

Error Regretted

The poster titled 'Makkar Man's Contribution- Swachh Bharat Abhiyaan' in the magazine 'Sanitation- My Right, My Duty' on page number 18 carried the name Jyotsana Gupta (XI-C) due to a printing error. The poster is created by Yatharth Suri (X-A). The error is regretted.

Forthcoming Events

- Winter Carnival (Classes I-XII) – 30th January 2016
- Adventure Camp (Classes I-V) – 20th February 2016

Editorial Team - Students: Siddharth Gujral (X-A), Ishika Shukla (X-A), Mansi Sengar (X-D), Aarushi Govil (IX-A) and Priyanshi Chawla (IX-B)

Teachers: Ms. Mala Kapoor, Ms. Bhargavi Neeraj and Ms. Ritika Malik

Dealing with sanitation issues

The training vertical of Salwan Public School, Rajendra Nagar organised a four-day workshop on water conservation and sanitation problems. The session was conducted by Salwan Education Trust (SET), National Council for Science and Technology Communication (NCSTC) and Aravaal Foundation for Education (AFE). Conducted in four sessions, the objective of the workshop was to discuss water and sanitation challenges and create community leadership from cross-learning and exposure to innovations in water and hygiene. It was convened by people of reputation like Manoj Mishra, head of Yamuna Jeev Abhiyan; Nitya Jacob, Head of Pully & Water Aid in India and Shyni Stephen, senior consultant, National Resource Centre, Ministry of Drinking Water and Sanitation, Govt of India. The resource persons stressed upon the local technology and techniques for water conservation. The participants were apprised about various programmes launched by the government for sanitation and solid waste management system.



INNOVATORS : 9810212218