



## MID-DAY MEAL MENU OCTOBER '22



Date	Day	Food	Dessert/Beverage
01.10.2022	Saturday	Poori and Black Channa	Halwa
02.10.2022	Sunday	HOLIDAY	
03.10.2022	Monday	HOLIDAY	
04.10.2022	Tuesday	HOLIDAY	
05.10.2022	Wednesday	HOLIDAY	
06.10.2022	Thursday	Shahi Paneer + Chapatti	Chocolate
07.10.2022	Friday	Rajma Rice	Sewayian
08.10.2022	Saturday	HOLIDAY	
09.10.2022	Sunday	HOLIDAY	
10.10.2022	Monday	Vada Sambhar	Banana
11.10.2022	Tuesday	Naan + Dal Makhani	Pear
12.10.2022	Wednesday	Fried Rice + Vegetable Manchurian	Biscuit
13.10.2022	Thursday	HOLIDAY	
14.10.2022	Friday	Dal Rice	Jalebi
15.10.2022	Saturday	Stuffed Parantha +Boondi Raita	Muffin
16.10.2022	Sunday	HOLIDAY	
17.10.2022	Monday	Stuffed Bread Rolls + American Corn Salad	Banana
18.10.2022	Tuesday	Chhole Bhature	Besan Ladoo
19.10.2022	Wednesday	White Channa + Rice	Ice cream
20.10.2022	Thursday	Vegetable Sandwich + French Fries	Gems
21.10.2022	Friday	Malai Kofta + Chapatti	Khoya Burfi
22.10.2022	Saturday	HOLIDAY	
23.10.2022	Sunday	HOLIDAY	
24.10.2022	Monday	HOLIDAY	
25.10.2022	Tuesday	HOLIDAY	
26.10.2022	Wednesday	HOLIDAY	
27.10.2022	Thursday	Kadi Rice	Slice Cake
28.10.2022	Friday	Jam/Butter Sandwich + Vegetable cutlet	Banana
29.10.2022	Saturday	Matar Paneer + Parantha	Wafer Biscuit
30.10.2022	Sunday	HOLIDAY	
31.10.2022	Monday	Idli Sambhar (with vegetables)	Banana

