

## MID- DAY MEAL MENU

(SEPTEMBER)

| Date | Day | Food | Desert/Beverage |
| :---: | :---: | :---: | :---: |
| 01.09.2022 | Thursday | Shahi Paneer + Chapatti | Coconut Barfi |
| 02.09.2022 | Friday | Jam/Butter Sandwich + Vegetable cutlet | Salad |
| 03.09.2022 | Saturday | Vada Sambhar | Banana |
| 04.09.2022 | Sunday | HOLIDAY |  |
| 05.09.2022 | Monday | Pav Bhaji | Frooti |
| 06.09.2022 | Tuesday | Rajma Rice | Roohafza |
| 07.09.2022 | Wednesday | Stuffed Parantha +Boondi Raita | Besan Ladoo |
| 08.09.2022 | Thursday | Malai Kofta + Chapatti | Wafer Biscuit |
| 09.09.2022 | Friday | Bengal gram and curd sour gravy + Rice (Kadhi Chawal) | Rooh Afza |
| 10.09.2022 | Saturday | HOLIDAY |  |
| 11.09.2022 | Sunday | Holiday |  |
| 12.09.2022 | Monday | Idli Sambhar (with vegetables) | Fruit Cake |
| 13.09.2022 | Tuesday | Kadi Rice | Pear |
| 14.09.2022 | Wednesday | Fried Rice + Vegetable Manchurian | Biscuit |
| 15.09.2022 | Thursday | Poori Aloo | Jalebi |
| 16.09.2022 | Friday | Vegetable Sandwich + Fries | Tutti- Frutti Ice cream |
| 17.09.2022 | Saturday | Uttapam, Coconut chutney | Banana |
| 18.09.2022 | Sunday | HOLIDAY |  |
| 19.09.2022 | Monday | White Channa + Rice | Slice Cake |
| 20.09.2022 | Tuesday | Stuffed Bread Rolls + Green Chutney | Banana |
| 21.09.2022 | Wednesday | Naan + Dal Makhani | Drink |
| 22.09.2022 | Thursday | Dosa + Sambhar (with vegetables) + Chutney | Biscuit |
| 23.09.2022 | Friday | Aloo Matar Paneer + Chapatti | Gems |
| 24.09.2022 | Saturday | HOLIDAY |  |
| 25.09.2022 | Sunday | Holiday |  |
| 26.09.2022 | Monday | Vegetable Biryani + Boondi Raita | Pear/seasonal fruit |
| 27.09.2022 | Tuesday | Chhole Bhature | Muffin |
| 28.09.2022 | Wednesday | Chapati + aloo gobhi | Chaach |
| 29.09.2022 | Thursday | Shahi Paneer + Parantha | Banana |
| 30.09.2022 | Friday | Black Channa + Rice | Orange Tang |

